



Patient Name: _____			Today's Date: ____/____/____	
Date Of Birth ____/____/____	Age: _____	Height: _____	Weight: _____	<input type="checkbox"/> Male <input type="checkbox"/> Female

Please, Tell us about your condition: _____ **Email:** _____

When did you first notice the symptoms or have functional problems due to this condition/injury? (estimated date)

What activities are most limited by this condition? _____

How did your injury/symptoms occur? _____

What do you expect to accomplish with physical therapy? _____

Are your symptoms: Constant? Intermittent? Getting Better? Getting Worse? Staying the same?

Have you had any falls this annual year? Yes No

Have you had any other treatment for your condition?

Surgery: When ____/____/____ What type? _____

Injection: When ____/____/____ What type? _____

Physical Therapy: When ____/____/____ Did it help? Yes No

Chiropractic: When ____/____/____ Did it help? Yes No

Medications: _____ Exercises _____

MRI: _____ X-Ray _____

CT Scan: _____ Other _____

Work Information:

Who is your employer? _____ What is your job title/responsibilities? _____

Are you currently working? Yes No If yes, number of hours per week ____ Full Duty Restricted Duty

How many work days have you missed due to your injury/condition? _____

Other health problems may affect your treatment. Please check (✓) any of the following that apply to you:			
<input type="checkbox"/>	Arthritis (rheumatoid / osteoarthritis)	<input type="checkbox"/>	Cancer
<input type="checkbox"/>	Osteoporosis / Osteopenia	<input type="checkbox"/>	Kidney, bladder, prostate or urination problems
<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Previous motor vehicle accidents
<input type="checkbox"/>	Chronic Obstructive Pulmonary Disease (COPD), acquired respiratory distress syndrome (ARDS), or emphysema	<input type="checkbox"/>	Visual impairments (such as cataracts, glaucoma, macular degeneration)
<input type="checkbox"/>	Angina	<input type="checkbox"/>	Allergies
<input type="checkbox"/>	Congestive heart failure (or heart disease)	<input type="checkbox"/>	Incontinence
<input type="checkbox"/>	Heart attack (Myocardial infarction)	<input type="checkbox"/>	Anxiety or panic disorders
<input type="checkbox"/>	High blood pressure	<input type="checkbox"/>	Depression
<input type="checkbox"/>	Neurological Disease (such as Multiple Sclerosis or Parkinson's Disease)	<input type="checkbox"/>	Hearing impairment (very hard of hearing, even with hearing aids)
<input type="checkbox"/>	Stroke or TIA	<input type="checkbox"/>	Hepatitis / AIDS
<input type="checkbox"/>	Peripheral Vascular Disease	<input type="checkbox"/>	Prior surgery: _____
<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Prosthesis / Implants
<input type="checkbox"/>	Diabetes Types I and II	<input type="checkbox"/>	Sleep Dysfunction
<input type="checkbox"/>	Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder)	<input type="checkbox"/>	Back pain (neck pain, low back pain, degenerative disc disease, spinal stenosis, etc)

Pain Assessment Questionnaire

1. Is pain a symptom of the problem for which you are seeking treatment?

Yes No

2. Rate the level of pain you have had in the past 24 hours (circle one)

0 1 2 3 4 5 6 7 8 9 10

3. Over the past month, how would you rate your pain when it was the best? (circle one)

0 1 2 3 4 5 6 7 8 9 10

4. Over the past month, how would you rate your pain when it was the worst? (circle one)

0 1 2 3 4 5 6 7 8 9 10

5. What % of time have you experienced pain the past 24 hours (circle one)

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

6. How many days in the last week have you experienced pain? _____ (0-7)

7. How many weeks have you had this pattern of pain? _____

8. Select all of the activities that increase your pain. (check all boxes that apply)

- | | |
|-----------------------------------|---|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Lifting |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Pushing/Pulling |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Gripping |
| <input type="checkbox"/> Laying | <input type="checkbox"/> Lifting Overhead |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Rest |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Other |
| <input type="checkbox"/> Running | <input type="checkbox"/> None |

9. Select all of the activities that reduce your pain. (check all boxes that apply)

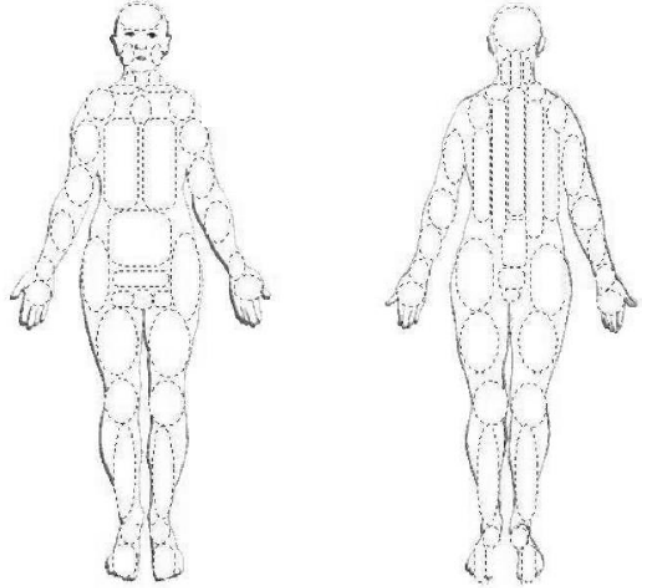
- | | |
|-----------------------------------|---|
| <input type="checkbox"/> Bending | <input type="checkbox"/> Lifting |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Pushing/Pulling |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Gripping |
| <input type="checkbox"/> Laying | <input type="checkbox"/> Lifting Overhead |
| <input type="checkbox"/> Sleeping | <input type="checkbox"/> Rest |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Other |
| <input type="checkbox"/> Running | <input type="checkbox"/> None |

10. Does pain keep you awake or wake you at night?

Always

Sometimes
 Never

11. Mark all areas where you are experiencing pain on the diagram below:



12. Select the qualities of your pain and CIRCLE the degree of these symptoms to the right.

- | | | | |
|--|--------|----------|------|
| <input type="checkbox"/> Throbbing | Severe | Moderate | Mild |
| <input type="checkbox"/> Shooting | Severe | Moderate | Mild |
| <input type="checkbox"/> Stabbing | Severe | Moderate | Mild |
| <input type="checkbox"/> Sharp | Severe | Moderate | Mild |
| <input type="checkbox"/> Cramping | Severe | Moderate | Mild |
| <input type="checkbox"/> Gnawing | Severe | Moderate | Mild |
| <input type="checkbox"/> Aching | Severe | Moderate | Mild |
| <input type="checkbox"/> Heavy | Severe | Moderate | Mild |
| <input type="checkbox"/> Tender | Severe | Moderate | Mild |
| <input type="checkbox"/> Splitting | Severe | Moderate | Mild |
| <input type="checkbox"/> Tiring/Exhausting | Severe | Moderate | Mild |
| <input type="checkbox"/> Sickening | Severe | Moderate | Mild |
| <input type="checkbox"/> Fearful | Severe | Moderate | Mild |
| <input type="checkbox"/> Hot/Burning | Severe | Moderate | Mild |



CURRENT MEDICATIONS LIST REPORT

LIST ALL THE PRESCRIPTIONED MEDICATIONS YOU ARE CURRENTLY TAKING			
NAME OF THE MEDICATION	DOSAGE (how many or how much you take)	FREQUENCY (how often do you take it)	ROUTE (how do you take it? i.e oral, injection, etc.)
LIST ALL OVER THE COUNTER MEDICATIONS			
NAME OF THE MEDICATION	DOSAGE (how many or how much you take)	FREQUENCY (how often do you take it)	ROUTE (how do you take it? i.e oral, injection, etc.)
LIST ALL HERBAL VITAMINS, MINERALS, NUTRITIONAL SUPPLEMENTS			
NAME OF THE MEDICATION	DOSAGE (how many or how much you take)	FREQUENCY (how often do you take it)	ROUTE (how do you take it? i.e oral, injection, etc.)

PATIENT NAME:

DATE:



**ACKNOWLEDGEMENT OF RECEIPT OF
NOTICE OF PRIVACY PRACTICES**

As part of my health care, **Cal Rehab And Sports Therapy Brea** creates and stores information about me. This includes records concerning my health history, symptoms, examinations, test results and plans for future care.

I understand that this information serves as a basis for my continuing care. I understand that this information is used as a means of communication among personnel, and with medical personnel outside of this practice. I understand that this information serves as a source of information for applying my diagnoses and treatment to my bill.

I understand that this information is a way for third party insurance companies to assure that a service we billed for was actually performed.

I understand that this information can be used as a tool to assess the quality of care provided to patients. I have been provided an opportunity to review the Notice of Privacy Practices which provides a more complete review of information uses and disclosures. I understand that I have the right to review the Notice of Privacy Practices before signing this consent.

I understand that the Notice of Privacy Practices may change at any time and that a current copy will be available for my inspection during regular business hours of each medical office and at the central billing office.

I understand for **Worker's Compensation Cases**, the minimum necessary PHI/ePHI will be released to my employer, my worker's compensation insurance carrier, third party administrator, rehab nurse or nurse case manager unless otherwise restricted below.

I understand that I have the right to request restrictions as to how my information may be disclosed to carry out treatment, payment or other healthcare operations and that **Cal Rehab And Sports Therapy Brea** is not required to agree to the restrictions requested. The procedure to request **restriction** on information use and disclosure is contained in the Notice of Privacy Practices. Please complete the following that apply.

I **DO NOT** authorize release of my information with the following individuals or organizations (enter names below and initial the box to left):

I **DO** authorize sharing of my information with the following individuals or organizations (enter names below and initial the box to left):

Spouse/Children: _____

Other: _____

These restrictions and/or authorizations to release information will remain in effect until terminated in writing.

Appointment Communication Preference: I prefer to be contacted in the following manner:

Home Phone Work Phone My Mobile Phone Email

Provide email address or phone number: _____

I acknowledge that I have received a copy of the Notice of Privacy Practices and that the full version is posted at my treatment facility and available upon request. I agree to the liability limitations explained therein.

Signature of patient or legal representative

Date

Relationship to Patient

Printed name of patient



**AUTHORIZATION AND CONSENT TO TRANSMIT PROTECTED HEALTH INFORMATION AND
ELECTRONIC PROTECTED HEALTH INFORMATION VIA UNSECURED INTERNET**

Patient's Name: _____ **Date of Birth:** _____

I, _____, expressly request, authorize, direct, permit and unequivocally consent to **Cal Rehab And Sports Therapy Brea** transmitting my Protected Health Information ("PHI") and Electronic Protected Health Information ("ePHI") to me via the unsecured Internet. I expressly and unequivocally acknowledge that **Cal Rehab And Sports Therapy Brea** does not have the capability to respond to my electronic mail transmissions through encrypted or otherwise secured Internet connections. I expressly and unequivocally waive any claims or rights with respect to transmission of ePHI or PHI via the unsecured Internet. I fully understand that third parties may attempt to or actually access, use and disclose PHI or ePHI transmitted by **Cal Rehab And Sports Therapy Brea** pursuant to my electronic mail inquiry. I fully understand the risks of transmitting unencrypted electronic mail containing ePHI, I am willing to accept those risks. I knowingly, intentionally and voluntarily waive all rights, claims and damages relating to the negligence, breach of confidentiality or other tort and all other legal claims that could be asserted against **Cal Rehab And Sports Therapy Brea** or any of its employees, agents, members or otherwise as a result of any third person improperly accessing, using or disclosing my PHI or ePHI as a result of transmission via the unsecured Internet. I intend to be legally bound hereby.

e-Mail Address: _____

Signature of Patient, Patient
Representative or Legal Guardian

Date

Relationship to Patient

